

## MCHBS Survey 2008

<b>Demographics</b>	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
Male	37.5	37.6	37.3	36.6
Female	61.8	62.4	62.0	62.8
Transgender	0.7	0.0	0.7	0.6
American Indian/Alaskan Native	2.0	2.4	2.7	2.4
Asian/Pacific Islander	4.1	2.4	4.7	4.3
Black Non-Hispanic	2.0	1.2	3.3	3.0
Hispanic	3.0	1.2	5.3	4.3
White Non-Hispanic	90.9	95.3	88.0	89.6
Other	2.0	0.0	2.0	1.8
% Under age 21	55.4	56.5	80.7	100.0

### Have you consumed alcohol in the past year?

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% drink alcohol in past year	82.4	97.6	72.7	76.2

### Please indicate the number of days you drank in the past 30 days.

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
Ave # drinks per week (Drinkers)	10.0	14.0	8.0	9.6
Ave # drinks per Week-ALL	7.8	13.6	5.3	6.8

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% who are binge drinkers (2hr)	41.0	59.0	28.4	36.8
% who are binge drinkers (2hr) ALL	33.8	57.6	20.7	28.0
Old binge rate-drinkers	40.6	56.6	30.3	37.6
Old binge rate-ALL	33.7	55.3	22.0	28.7
BAC Drinkers	.060	.078	.054	.064
BAC ALL	.049	.076	.039	.049

**In the past year, how often have you done the following at parties or social gatherings where alcohol was served?**

	All N=296	Greek N=85	Residence Hall N=150	Under 21 N=164
% chose not to drink	67.8	63.8	70.1	69.9
% alternate drinks	54.5	50.6	58.8	52.9
% avoid drinking games	50.4	36.1	49.5	45.5
% count drinks	74.9	78.9	72.0	72.3

**How often in the past year have you experienced the following after, or as a result of, alcohol consumption?**

	All N=296	Greek N=85	Residence Hall N=150	Under 21 N=164
% arrested by police*	2.7	5.9	2.0	1.9
% DUI/DWI*	0.7	1.2	0.7	1.2
% poor test/assignment*	15.6	29.4	10.8	13.0
% missed class*	25.2	49.4	16.2	21.0
% blackout/memory loss*	32.3	60.0	24.3	30.9

\*includes both drinkers and non-drinkers

**How often do you think the students in each category (on your campus) consume alcohol? Please provide your best guess.**

	All N=296	Greek N=85	Residence Hall N=150	Under 21 N=164
% perceptive-You	8.2	16.7	2.7	3.7
% perceptive-friends	15.1	34.5	8.2	11.8
% perceptive- Students	5.5	6.0	4.1	3.1
% perceptive-Greek	58.8	47.6	57.8	57.8

**In the last academic year, have you ever used a designated driver (\*defined as someone who had no alcoholic drinks) when you drank?**

	All N=296	Greek N=85	Residence Hall N=150	Under 21 N=164
Use a DD-100%	44.0	47.6	50.3	50.3
75-95%	23.4	38.1	17.0	21.1
51-74%	4.1	4.8	3.4	2.5
50%	2.1	1.2	1.4	0.6
25-49%	3.1	2.4	0.7	0.6
1-24%	2.7	1.2	1.4	1.2
0%	20.6	4.8	25.9	23.6

**If you answered YES to the above question, who was your designated driver?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% used taxi service	2.2	1.3	2.8	0.8
% used friend/family	56.5	23.8	49.5	46.3
% used Greek system	41.3	75.0	47.7	52.8

**If you're under 21, how did you get your alcohol? Check all that apply.**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
Under 21-From Friend	37.2	50.6	53.3	65.9
Under 21-Fake ID	3.4	8.2	2.0	6.1
Under 21-Family	4.4	4.7	5.3	6.7
Under 21-Bar/Rest.	2.0	7.1	0.7	3.7
Under 21-ID not checked	6.4	10.6	7.3	11.6

**Have you heard of the CHEERS program (in which designated drivers receive free non-alcoholic drinks from participating bars/restaurants)?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
Heard of CHEERS?	67.9	78.6	67.3	65.2

**In the past year, IF you have ever been a designated driver, how often have you used the CHEERS program?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
Used CHEERS?-Always	2.1	1.2	2.7	1.2
Most of the time	1.4	0.0	1.4	0.6
Sometimes	2.8	2.4	2.0	1.9
Rarely	4.5	8.3	4.1	4.3
Never	51.4	69.0	49.7	56.5

**In the past year, have you used any of the following drugs? If so, how often have you used the drug(s)?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% regular marijuana use*	2.4	2.4	0.0	1.9
% regular use amphetamines*	0.3	0.0	0.0	0.0
% regular use meth*	0.0	0.0	0.0	0.0
% regular use cocaine*	0.3	0.0	0.0	0.0
% use pain med-YEAR	5.1	9.4	2.7	6.1
% use sedative-YEAR	2.4	7.1	0.7	2.4
% use stimulant-YEAR	6.4	11.8	4.0	7.3
% use sleep med-YEAR	2.4	4.7	0.7	2.4

**\*Regular use=3 or more times per week**

**In the past year, how often have you engaged in these forms of gambling (for money, prizes, etc.)?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% students who gamble	17.4	22.6	13.7	12.6
% Internet poker	4.7	4.7	3.3	3.1
% home poker	15.2	18.8	12.0	12.9
% betting with friends	1.0	2.4	0.6	0.7
% slot machines	7.0	8.3	5.3	0.0
% fantasy league	5.4	10.6	4.0	5.5
% betting pools	8.1	15.3	4.6	6.8
% lotto	10.8	10.6	8.0	8.6
% engage in ANY form	20.2	21.2	16.0	15.3

**Do you use any of the following tobacco products?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% do not use tobacco	81.1	76.5	86.7	82.3
% smoke cigarettes	7.8	8.2	5.3	7.9

**How old were you when you first started smoking cigarettes?**

	All N=296	Greek N=85	Residence Hall N=150	Under 21 N=164
% started smoking before age 18	65.2	57.1	75.0	61.5

**Do you want to quit smoking?**

	All N=296	Greek N=85	Residence Hall N=150	Under 21 N=164
% want to quit	39.1	42.9	50.0	30.8

**Below are various statements related to cigarette smoking. Please rate your agreement with each statement.**

	All N=296	Greek N=85	Residence Hall N=150	Under 21 N=164
% secondhand smoke is bad	95.8	97.6	96.5	97.4
% smoking is gross	89.1	92.9	88.9	90.5
% prefer to kiss a non-smoker	92.3	92.8	94.5	95.0
% prefer smoke-free rest.	87.8	90.5	86.2	86.6
% prefer smoke-free bars	71.3	79.8	66.9	67.5

**While driving a vehicle, how often do you do each of the following? (If you do not drive, please skip this question.)**

	All N=296	Greek N=85	Residence Hall N=150	Under 21 N=164
% wear a safety belt	95.4	96.4	97.2	96.1
% talk on cell phone	14.3	22.0	12.0	14.9
% text message	5.0	12.2	0.7	3.9
% drive while drowsy	5.0	3.7	2.8	2.5
% drive 10+ mph over speed limit	14.4	20.8	12.0	12.2
% eat/drink while driving	21.4	28.0	19.7	20.6

**In the past year, have you experienced suicidal thoughts?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% experienced suicidal thoughts in past year	15.5	14.5	16.7	15.5

**In the past year have you experienced a suicidal gesture(s)?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% experienced suicidal gestures in past year	4.2	3.6	5.6	5.2

**Which of the following have you experienced in the past year? Check all that apply.**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% experienced depression in past year	38.9	32.9	38.0	37.2
% experienced alcohol abuse/dependency in past year	1.0	2.4	0.7	0.6
% experienced anxiety in past year	41.2	36.5	40.7	39.6

**In the past two weeks, how stressed have you felt?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% felt stressed in past 2 weeks	82.4	84.3	83.3	83.9

**Which of the following are the main sources of your stress? (Check all that apply.)**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% top three stressors	School (92.6%)  Time management (53.7%)  Financial (45.6%)	School (95.3%)  Time management (60.0%)  Financial (43.5%)	School (94.0%)  Time management (62.7%)  Financial (41.3%)	School (93.9%)  Time management (56.7%)  Financial (42.3%)

**Which of the following have you done in the past two weeks to relieve stress?**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% top three ways to relieve stress	Made a list (71.6%)  Talked to friend (69.6%)  Smiled/Laugh (68.6%)	Made a list (77.6%)  Napped (71.8%)  Exercised & Talked to friend (68.2%)	Made a list (70.7%)  Napped (70.7%)  Smiled/Laugh & Talk to friend (67.3%)	Napped (70.1%)  Smiled/Laugh (67.7%)  Made a list (67.1%)
% drank alcohol to reduce stress	29.4	47.1	19.3	24.4

**Whom do you feel you can go to when personal concerns arise? Check all that apply.**

	<b>All N=296</b>	<b>Greek N=85</b>	<b>Residence Hall N=150</b>	<b>Under 21 N=164</b>
% go to parents for personal concerns	65.9	69.4	66.0	66.5
% go to friends/peers for personal concerns	91.2	94.1	89.3	89.0
% go to residence life staff for personal concerns	11.5	4.7	18.7	12.8
% go to University health center for personal concerns	8.4	5.9	8.7	9.1

How often in the past year have you experienced the following after, or as a result of, alcohol consumption?

