

**Q\*****MCHBS 2014**

Campus Data

Created by: Evan Ramsey

PIP 21  
n=8994Truman  
n=480**DEMOGRAPHIC & ENFORCEMENT QUESTIONS****Q2 Age**

3	18	10.4	12.5
4	19	19.3	23.8
5	20	18.3	23.5
6	21	18.8	17.5
7	22	11.7	15
8	23	4.5	3.3
9	24	2.6	1.7
10	25 or older	14.4	2.7

**Q3 Gender**

1	Female	59.3	53.3
2	Male	40.3	45.8
3	Transgender	0.1	0.4
99	I prefer not to respond	0.3	0.4

**Q4****Specific GPA's Available****C\_Q4****Cumulative GPA Range**

1	<1.0	0	0
2	1.0-1.49	0.1	0
3	1.5-1.99	0.4	0
4	2.0-2.49	3	1.8
5	2.5-2.99	14.6	14.4
6	3.0-3.49	31.9	31.8
7	3.5-3.99	43.4	41.6
8	4.00	6.7	10.3

**Q5 Ethnicity**

1	Hispanic/Latino	3.4	4.2
2	Non-Hispanic/Latino	90.3	88.5
99	I prefer not to respond	6.3	7.3

**Q6****Racial/Ethnic Background (Check all that apply)**

1	American Indian or Alaskan Native	2.8	1.5
2	Asian	5.1	4.6
3	Hawaiian or Pacific Islander	0.5	0.2
4	White	83.8	88.5
5			
	Black or African American	7.2	3.5
6	Native Caribbean	0.2	0.4
7	Bi-racial or Multi-racial	2.6	1.3
8			
	Other (please specify)	1.6	0.8
99			
	I prefer not to respond	2.1	2.7

### Q7

#### Sexual Orientation

1	Bisexual	3.2	2.9
2	Gay	1.8	3.1
3	Heterosexual	88.8	84.8
4	Lesbian	0.8	0.8
5	Queer	1	2.1
6	Questioning	0.8	2.1
99			
	Prefer not to respond	3.6	4.2

### Q8

#### Disability status (Check all that apply)

1	Learning disability (LD)	1.5	0.6
2	ADD/ADHD	6.9	5
3	Deaf/hard of hearing	0.7	0.4
4	Blind/low vision	1	0.8
5	Physical health disability	1.3	0.2
6	Mental health disability	2.9	4.2
7	Orthopedic or mobility disability	0.5	0

8			
	Autism Spectrum Disorder	0.5	1.3
9			
	Speech/Language disability	0.3	0.6
10			
	Neurological disability (Traumatic Brain Injury)	0.4	0
11			
	Other (please specify)	1.8	1.5
88			
	I have no disability	84.2	84.4
99			
	Prefer not to respond	1.9	3.3

**Q9 Currently access academic accommodations with campus disability service office** **n=7577** **n=405**

1	Yes	1.6	1.2
2	No	2.5	96.5
99			
	Prefer not to respond	95.9	2.2

**Q10 Paying for Majority of School Expenses**

1			
	Pre-existing School Savings	3.9	6.5
2			
	Parents pay	24.8	29.6
3			
	Loans in my name	32.9	21.9
4			
	Scholarships	24.5	32.9
5			
	I have a job to pay for my education	5.6	2.9
6			
	GI Bill/Military	2.3	0.8
7			
	Other (please specify)	4.3	3.1
99			
	I prefer not to respond	1.7	2.3

**Q11 Eligible for Pell Grant**

1	Yes	32.5	20.8
2	No	35.3	32.7
99	Unsure	31.4	45.6

**Q12 Graduated from Missouri High School** **66.9** **75.6**

**Q13****Specific High School Counties Available****Q14****Year in School**

1	1st	23.1	26.3
2	2nd	19.7	21.3
3	3rd	22	21.7
4	4th	17.9	17.7
5	5th or higher	15.8	10.2
99	I prefer not to respond	1.6	2.9

**Q15****Credit Hours Earned**

1	0-30	20.4	15.2
2	31-60	19.9	25
3	61-90	24	22.9
4	91-120	21.2	22.1
5	120 or more	14.5	14.8

**Q16****Student Status**

1	Full-time Student	93.4	97.7
2	Part-time student	5.7	2.1
3	Exclusively enrolled in web-based distance learning	0.7	0
99	I prefer not to respond	0.3	0.2

**Q17****In which subject area is your major (Select up to two):**

1	Agriculture	2.2	2.1
2	Business	15.9	14
3	Communication (advertising, mass comm, public relations)	3.6	4.8
4	Computer Science	3.2	4.2
5	Divinity/Theology/Religious	0.9	0.4
6	Education	10.2	5.8
7	English	3.1	7.1
8	Engineering	7.3	0
9	Foreign Language	1.8	2.1

10	Health Sciences/Veterinary Science	18.6	21.3
11			
	Human Development & Family Studies	0.6	0
12	Interdisciplinary	0.5	0
13	Journalism	2.3	0.6
14			
	Liberal Arts/Humanities	1.7	1.7
15	Mathematics	2.2	6.7
16	Physical Sciences	10.4	14.4
17	Social Sciences	14.8	19.2
18	Technology	1.5	0
19	Visual and Performing Arts	4.7	7.7
20	Undecided/Do not have a major	1.9	1.3
21			
	Other (please specify)	5.5	3.3
99			
	I prefer not to respond	0.5	0.4

**Please indicate your level of agreement with the following statements:**

**Q18**

**I feel that I am a member of the campus community**

1	Strongly disagree	9.2	6.9
2	Disagree	12	9.8
3			
	Neither agree nor disagree	19.9	15.6
4	Agree	40.6	44.8
5	Strongly agree	17.8	22.3
99			
	I prefer not to respond	0.5	0.6

**Q19**

**I feel a sense of belonging to the campus community**

1	Strongly disagree	9.7	8.3
2	Disagree	13.2	12.5
3			
	Neither agree nor disagree	22.1	18.1

4	Agree	37.7	38.8
5	Strongly agree	16.8	21.9
99	I prefer not to respond	0.5	0.4

**Q20 Do you wish you were more connected on campus?**

1	Yes	54.4	49.6
2	No	43	47.9
99	I prefer not to respond	2.6	2.5

**Q21 Identified as Transfer Student**

**Q22 Thought of leaving current school in past year**

**Q23 Thought of discontinuing education**

**Q24 What reasons have contributed to you considering leaving your current college/university? (Check all that apply)**

		<b>n=1200</b>	<b>n=71</b>
1	Lack of friends/loneliness	27.3	45.1
2	Homesick	15.8	22.5
3	Couldn't find a job	9.1	7
4	Didn't have enough money to pay for school	36	36.6
5	Difficulties keeping up with academic expectations	41.1	54.9
6	Lack of entertainment ('things to do') in town	16.8	26.8
7	My own alcohol use	2.1	1.4
8	Others alcohol use	2.4	1.4
9	Don't feel as if I belong on campus	24.9	38
10	My major/area of interest is not offered	10.5	18.3
11	Other (please specify)	26.3	16.9
99	Prefer not to respond	4.3	1.4

**Q25****Living Arrangements**

1			
2	On-campus housing	38.4	49.6
3	Fraternity/Sorority Housing	4.2	5.6
4	Off-campus housing (w/o parents)	42.9	42.7
5	Off campus (with parents)	12.5	1.7
99	Other (please specify)	1.4	0
	Prefer not to respond	0.4	0.4

**Q26****Residence Location (on-campus housing students only)****n=3458 n=238**

1	Residence hall	78.2	89.9
2	Apartment	17.3	8.4
3	House	3.5	1.3
4			
99	Other (please specify)	0.9	0.4
	Prefer not to respond	0.2	0

**Q27****Fraternity/Sorority Housing Location****n=8994 n=480**

1	Residence Hall	1.7	2.7
2	On campus, but not in a residence hall	3.4	0.2
3	Off-campus	2.8	5.6
4			
6	Other (please specify)	0.4	0
99	I do not live in a fraternity/sorority house	90.9	90.6
	Prefer not to respond	0.7	0.8

**Q28****Identified as international student****3.9 4.4**

**Q29****Relationship Status**

1	Single	59.7	66.3
2	Married/have spouse/partner	8.4	1.3
3			
4	Long-term relationship	29	30
	Divorced or separated	1.4	0.2
5	Widowed	0.1	0
99			
	Prefer not to respond	1.4	2.3

**Q30****Parent**

1	Yes	8.6	0.8
2	No	91	98.8
99			
	I prefer not to respond	0.4	0.4

**Q31****In which campus activities or organizations are you involved? (Check all that apply)**

1	Religious groups	14.5	17.5
2	Honors/Academic/Professional Clubs	32.5	36.9
3	Service/Volunteer groups	22.2	33.1
4			
	Student government	4.4	4
5	Social Fraternity or sorority	16.3	24.4
6	Intercollegiate/Varsity Athletics	6.3	6.5
7			
	Intramurals/Club sports	17	18.8
8			
	Performance Arts (music, theater, visual art)	7.8	14.6
9			
	Multicultural/LGBTQ	3.5	7.1
10			
	Armed Services/ROTC	1	0.4
11	Political	2.1	1.9
12			
	Residential Life (as an employee or volunteer)	6.1	7.5
13			
	Other (please specify)	7.7	10



88	I am not involved in any campus activity/organization	29.5	10
99			
	Prefer not to respond	1.6	2.1

**Q32**

**Do you hold a leadership position in any of the above activities?**

1	Yes	30.7	39.8
2	No	38.1	59
99			
	I prefer not to respond	1.1	1.3

**Q33 Are you currently or have you been a member of the United States Armed Services?**

1	Yes, currently	1.2	0.6
2			
	Yes, previously	1.9	0.2
3	No	96.6	99
99			
	I prefer not to respond	0.3	0.2

**Q34 Are you a veteran of a foreign war (OEF/OIF, Persian Gulf War 1991, etc.)?**

		<b>n=279</b>	<b>n=4</b>
1	Yes	48.7	25
2	No	49.8	75
99			
	I prefer not to respond	1.4	0

**Q35 Are you currently connected with a VA for your healthcare?**

1	Yes	31.2	0
2	No	68.1	100
99			
	I prefer not to respond	0.7	0

**Q36**

**Do you have a service connected disability rating more than 30%?**

1	Yes	16.8	25
2	No	23.3	0
3			
	No, I don't have a disability	55.9	75
99			
	I prefer not to respond	3.9	0

Q37/Q38

Height Available  
Weights Available

Q39

Q\* 0

Policies & Programs

Created by: Evan Ramsey

0

PIP 21 Truman  
n=8994 n=480

**POLICY**

**Q40 Does your campus have a drug and alcohol prevention program?**

1	Yes	74.8	81.5
2	No	13.0	9.6
99	I prefer not to respond	12.1	9.0

**Q41 Do you believe your campus is concerned about prevention of drug and alcohol use?**

1	Yes	79.5	89.0
2	No	15.5	9.0
99	I prefer not to respond	5.0	2.1

**Q42 Do you believe your campus alcohol policies are consistently enforced?**

1	Yes	55.0	62.7
2	No	34.9	30.6
99	I prefer not to respond	10.1	6.7

**Q43 Do you believe your campus alcohol policies are effectively enforced?**

1	Yes	48.5	47.3
2	No	40.3	45.8
99	I prefer not to respond	11.2	6.9

**Do you feel your university should have smoke-free:**

**Q180 All outdoor university areas**

1	Yes	77.0	72.2
2	No	19.6	24.1
99	I prefer not to respond	3.4	3.7

**Q181 Would you prefer to go to a restaurant or bar that was completely smoke free?**

1	Yes	80.8	79.7
2	No	3.4	3.7
88	It does not matter to me	15.2	15.8
99	I prefer not to respond	0.7	0.8

**ASK LISTEN REFER**

**Q262 In the past year, have you been concerned about a friend's suicidal thoughts or behaviors?**

1	Yes	23.3	25.7
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2	No	75.4	72.9
99	I prefer not to respond	1.3	1.4

**Q263 Would you be willing to complete an online suicide prevention training program specializing in the detection, intervention, and referral of friends at risk for suicide?**

1	Yes	43.6	54.7
2	No	46.0	36.9
99	I prefer not to respond	10.4	8.4

**Q264 Have you heard of the Ask Listen Refer program?**

1	Yes	27.7	40.4
2	No	70.9	58.8
99	I prefer not to respond	1.4	0.8

**Q265 In the past year, when you have been concerned about someone you think is at risk for suicide, how many times have you visited the Ask Listen Refer website?**

		n=3032	n=208
1	Never	84.2	84.1
2	Once	7.2	5.8
3	Twice	1.9	1.0
4	More than twice	0.7	1.4
99	I prefer not to respond	6.0	7.7

**Q266 How likely are you to bring up the topic of suicide with someone you think is at risk?**

		n=8994	n=480
1	Very unlikely	6.5	4.9
2	Unlikely	12.1	11.1
3	Neither unlikely or likely	26.1	29.5
4	Likely	38.6	35.5
5	Very likely	13.3	15.2
99	I prefer not to respond	3.3	3.8

**Q267 How likely are you to refer someone who tells you they are thinking about suicide to a local resource?**

1	Very unlikely	4.1	4.6
2	Unlikely	4.4	1.6
3	Neither unlikely or likely	11.4	13.0
4	Likely	34.5	33.3
5	Very likely	43.0	43.9
99	I prefer not to respond	2.5	3.5

**Q\* MCHBS 2014**

Alcohol Use Data  
Created by Evan Ramsey  
5/27/2014

PIP 21  
n=8994

Truman  
n=480

**ALCOHOL**

**Q44 How old when first started drinking alcohol?**

1	12 or younger	1.7	2.3
2	13-15	12	5.2

3	16	14.3	11.5
4	17	10.8	9.8
5	18	19.2	24.4
6	19	7.8	11.3
7	20	4.7	6.3
8	21	7.4	7.3
9	22	0.5	0.4
10	23	0.2	0.4
11	24+	0.4	0
88	Never used	18.8	18.5
99	I prefer not to respond	2.3	2.7
<b>Q45</b>	<b>Consumed alcohol in the past year</b>	<b>76.3</b>	<b>79.4</b>
<b>Q46</b>	<b>Do you identify as someone that is sober or in recovery?</b>		
1	Yes	25.1	26.5
2	No	68	64.8
0	Prefer not to respond	6.9	8.8
<b>Q47</b>	<b>Reasons for not drinking (check all that apply)</b>		
1	My friends don't drink	24.2	35.5
2	So I don't have to worry about negative consequences	62	65.6
3	Alcohol costs too much	24	20.4
4	It's hard to access alcohol	5.1	6.5
5	I don't like the taste	27.7	26.9
6	I don't like how it feels	14.5	11.8
7	Too many personal responsibilities	53.2	49.5
8	Too many academic responsibilities	53.4	54.8
9	Personal beliefs/values	38.2	80.6
10	I don't want to do something I later regret	52.2	60.2
11	To be the designated driver	13	19.4
12	Because drinking is against the law/policy	46.4	68.8
13	I have a personal or family history with alcohol	23	23.7
14	I have health concerns or a current medical condition	9.7	10.8
15	Religious/Moral	43.3	44.1
16	Other (please specify)	4.4	1.1
17	I prefer not to respond	1.3	0
<b>Q48</b>	<b>Specific Number of Days (in Past Month) Drank Available</b>		
<b>C_Q48</b>	<b>30 day drink rate Ranges (All Students)</b>		
0	I did not drink in the past 30 Days	29.2	25.2
1	1-2 days	20.4	18.6
2	3-5 days	22.5	25.5
3	6-9 days	11.5	13.1
4	10-20 days	14.6	16.6
5	21-30 days	1.9	1
<b>Q49</b>	<b>Specific Number of Days (in Past Two Weeks) Drank Available</b>		
<b>C_Q49</b>	<b>2 Week Drink Rate Ranges (All Students)</b>		
0	I did not drink in the past 2 weeks	33.5	29.5
1	1-2 days	36.7	36.8
2	3-5 days	21.2	24.4

3	6-8 days	5	7.3
4	9-11 days	2	1.3
5	12-14 days	1.5	0.8

**Q50 Specific Nights Students Typically Drink Available**  
**Q50 Specific Number of Drinks Per Night Students Typically Drink Available**  
**C Number of Drinks Consumed per Typical Week & Average Number of Drinks Available**

**Quick Look at Alcohol Numbers--All Students**

C_Q51	Binge Drinkers--Two Hour Definition	26.9	29.7
C_Q52	Binge Drinkers--One Sitting Definition	28.3	31
C_Q53	Past 30 Days Binge Drinkers	31.8	35.7

**Quick Look at Alcohol Numbers--Drinkers**

C_Q51	Binge Drinkers--Two Hour Definition	35	37.2
C_Q52	Binge Drinkers--One Sitting Definition	36.8	38.8
C_Q53	Past 30 Days Binge Drinkers	42.1	45.5

**Q51 Over the past two weeks, how many times have you had 5+ drinks in a 2-Hour period? (Drinkers)**

1	0 times	65	62.8
2	1 time	15.1	14
3	2 times	9.2	8.9
4	3 times	3.7	4.3
5	4 times	2.9	4.6
6	5 times	1.4	2.2
7	6 times	0.9	1.1
8	7 times	0.3	0.5
9	8 times	0.2	0
10	9 times	0	0
11	10 times	0.1	0
12	More than 10 times	0.4	0.5
99	I prefer not to respond	0.9	1.1

**Q52 Over the past two weeks, how many times have you had 5+ drinks in at a sitting? (Drinkers)**

1	0 times	63.2	61.2
2	1 time	15	16.4
3	2 times	8.8	7.8
4	3 times	4.4	3
5	4 times	3.1	4
6	5 times	1.9	2.7
7	6 times	1.1	1.3
8	7 times	0.4	0.5
9	8 times	0.5	0.8
10	9 times	0.2	0.3
11	10 times	0.1	0
12	More than 10 times	0.3	0
99	I prefer not to respond	1	1.9

**Q53 Specific Number of Times Binged in Past Month Available**

<b>Q54</b>	<b>Number of Drinks Consumed Last Time Available</b>		
<b>Q55</b>	<b>Number of Hours Drank Last Time Available</b>		
<b>C</b>	<b>BAC of Last Time Drank Available</b>		

<b>Q56</b>	<b>Where do you typically consume alcohol? (Check all that apply)</b>		
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1	Bars/Restaurants	46.8	35
2	Social gathering or friend's house (off campus)	66.7	73.1
3	Fraternity or Sorority house	13	23
4	Fraternity or Sorority Community in a residence hall	0.9	0
5	Residence hall	6.4	4.2
6	Sporting events	9.3	2.8
7	Where I live	52.1	45.1
8	Other (please specify)	0.5	0.8
99	I prefer not to respond	3.5	8.7

<b>Q57</b>	<b>If you drink at sporting events, which sporting events do you drink at? (Check all that apply).</b>		
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1	I do not attend sporting events.	22.6	33.1
2	I do not drink at sporting events	33.3	38.1
3	Professional sports (NFL, NBA, NHL, etc.)	15.7	9.6
4	Intercollegiate Sports - College Football	8.5	1.7
5	Intercollegiate Sports - College Basketball	3.5	1
6	Intercollegiate Sports - Other	1	0.6
7	Intramural/Club Sports (i.e., Flag football, basketball, kickball)	1.1	1.3
8	Other (please specify)	0.5	0

<b>Q58</b>	<b>If you pre-party, where do you typically do so? (Check all that apply)</b>		
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1	I do not pre-party	40.2	41.7
2	Bar/Restaurant	9.8	2.2
3	Social gathering or friend's house	42.6	46.2
4	Fraternity or Sorority House	6.3	12.3
5	Fraternity or Sorority Community in a residence hall	0.6	0.3
6	Residence hall	6.3	3.9
7	Sporting events (including tailgating)	6.4	1.1
8	Parking lot	6.6	1.1
9	In transit (e.g., driving, walking, etc., to a location)	5.5	2.8
10	Where I live	31.1	28.3
11	Other (please specify)	0.3	0
99	I prefer not to respond	1.7	3.9

<b>Q59</b>	<b>If you pre-party, why do you typically do so? (Check all that apply)</b>		
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1	I do not pre-party	28.3	29.2
2	Under 21	10.2	9.2
3	To save money	26.8	21.5
4	To become more intoxicated, "loosen up"	12.1	13.8
5	To drink as much as my peers	1.5	2.1
6	To spend time with friends, socialize	30.4	33.3
7	Alcohol is not served at the event	7.9	8.3

8	Other (please specify)	0.6	0.6
99	I prefer not to respond	1.1	2.7

**Q60 Last time you consumed the most alcohol...WHERE did you consume the majority of your drinks?**

1	Bar/Restaurant	23.3	14
2	Social gathering or friend's house (off campus)	40.2	49.6
3	Fraternity or Sorority House	6.1	9
4	Fraternity or Sorority Community in a residence hall	0.2	0
5	Residence hall	2.2	0.8
6	Sporting events	0.4	0
7	Where I live	21.9	17.9
8	Other (please specify)	2.7	2.5
99	I prefer not to respond	2.9	6.2

**Q61 If you are under 21, how do you obtain your alcohol? (Check all that apply)**

		n=2703	n=186
1	Over 21 friend	57.9	55.4
2	Fake ID	4	1.1
3	I borrow someone else's real ID	1	0
4	Family Members buy alcohol for me	8.5	8.6
5	Know people in bars/restaurants who will serve me	0.7	0
6	Go where IDs not checked	2.6	2.7
7	Know people convenience/grocery stores who sell to me	0.3	0
8	From a fraternity or sorority	5.7	7
9	Other (please specify)	5.2	4.3
99	I prefer not to respond	14	21

**Q62 How often in the past year have you been denied access while using your fake/borrowed ID?**

		n=134	n=2
1	Never	59.7	50
2	Rarely	30.6	50
3	Occasionally	6	0
4	Often	0.7	0
5	Always	0	0
99	I prefer not to respond	3	0

**Q63 When you drink, what contributes to your decision to drink alcohol (check all that apply)**

1	I want to relax	56	52.7
2	I want to have fun with friends	80.8	79.6
3	To get drunk	37.5	26.5
4	Because my friends are drinking	20.8	22
5	There won't be any negative consequences	4.6	3.7
6	I have nothing better to do	10.1	14.9
7	I like the taste	39.8	36.3
8	I like how it makes me feel	31.5	33.2
9	To escape/so I can forget my problems	13.9	14.6
10	It doesn't negatively affect my academics	20	19.8
11	So I can lose my inhibitions.	8.4	11.6
12	I can handle any consequences related to my drinking	8.5	10.1

13	It's cheap	3.5	4.6
14	Alcohol is always readily available	7.4	9.1
15	It increases my chances of hooking up with someone	4.8	4.6
16	Other (please specify)	2.3	3.7
88	I don't drink	3	2.4
99	I prefer not to respond	1	2.1

**Q64 What motivated you to drink less or not drink alcohol at all on one or more occasions (check all that apply)**

1	High cost of drinks/alcohol	53.4	56.1
2	Strict enforcement of alcohol laws	21	21
3	Academic obligations the following day	60.9	64
4	Chance of getting sick or having a hangover	41.6	39
5	Possibility of getting caught by authorities	20.6	27.1
6	My friends' drinking habits	10.1	8.5
7	Potential of doing something I will regret later	23.6	25
8	Being a designated driver	50.3	50
9	My parents might find out	5.6	8.5
10	My behavior when I am drunk	11.3	12.5
11	Religious/Moral Reasons	11.5	11
12	Alcoholism	7.4	7.6
13	Health/Calories	29.7	24.1
14	Don't like the taste	14.5	14.9
15	Family Obligations	11.2	7.3
16	Not in the mood	58.8	59.8
17	No interest in alcohol	15.6	14.9
18	Other (please specify)	2.8	2.1
99	I prefer not to respond	1.7	2.7

**In the past year, how often have you done the following at parties or social gatherings where alcohol was served?**

**Q65 Use a designated driver**

1	Never	11.8	11.6
2	Rarely	5.8	4.6
3	Occasionally	6.3	7
4	Sometimes	7.1	6.7
5	Usually	16.9	14.9
6	Always	48.3	48.2
99	I prefer not to respond	3.8	7

**Q66 Determine not to exceed a set number of drinks**

1	Never	16.6	15.9
2	Rarely	13.3	11.3
3	Occasionally	10.4	9.8
4	Sometimes	14.4	14
5	Usually	19.5	21
6	Always	22.3	23.5
99	I prefer not to respond	3.5	4.6

**Q67 Alternate alcoholic and non-alcoholic drinks**

1	Never	18.7	19.5
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2	Rarely	15.3	13.7
3	Occasionally	12	10.4
4	Sometimes	17	20.1
5	Usually	16	15.2
6	Always	17.4	15.9
99	I prefer not to respond	3.6	5.2

**Q68 Have a friend let you know when you have had enough to drink**

1	Never	31.2	28
2	Rarely	15.1	14.9
3	Occasionally	9.1	10.7
4	Sometimes	10.9	12.5
5	Usually	12.5	11.9
6	Always	17	14.9
99	I prefer not to respond	4.3	7

**Q69 Avoid Drinking Games**

1	Never	23.6	25
2	Rarely	19.4	19.2
3	Occasionally	12.5	12.2
4	Sometimes	12.6	13.1
5	Usually	10.8	11.3
6	Always	18	14
99	I prefer not to respond	3	5.2

**Q70 Leave the bar/party at a predetermined time**

1	Never	18.7	21
2	Rarely	15.8	18.6
3	Occasionally	13.7	10.4
4	Sometimes	18.9	16.2
5	Usually	16.1	15.5
6	Always	11.7	10.4
99	I prefer not to respond	5.2	7.9

**Q71 Make sure that you go home with a friend**

1	Never	9.2	6.4
2	Rarely	5.1	7.3
3	Occasionally	6.4	6.4
4	Sometimes	9.3	10.7
5	Usually	18.5	25.3
6	Always	47.6	36.6
99	I prefer not to respond	4	7.3

**Q72 Know where your drink has been at all times**

1	Never	5	3.7
2	Rarely	3.1	4
3	Occasionally	2.9	2.4
4	Sometimes	4.6	4
5	Usually	15.2	18.3
6	Always	65.9	62.8
99	I prefer not to respond	3.4	4.9

<b>Q73 Drink shots of liquor</b>			
1	Never	15.3	16.8
2	Rarely	17	13.4
3	Occasionally	13.3	14
4	Sometimes	25.6	24.4
5	Usually	17	17.1
6	Always	9	9.8
99	I prefer not to respond	2.8	4.6
<b>Q74 Stop drinking at a predetermined time</b>			
1	Never	20.7	21.3
2	Rarely	16.9	17.4
3	Occasionally	13.3	12.2
4	Sometimes	18	17.4
5	Usually	13.9	10.7
6	Always	12.7	14
99	I prefer not to respond	4.6	7
<b>Q75 Drink water while drinking alcohol</b>			
1	Never	13.7	15.5
2	Rarely	13.2	12.8
3	Occasionally	11.9	11.6
4	Sometimes	17	14
5	Usually	19.7	20.7
6	Always	20.9	20.4
99	I prefer not to respond	3.7	4.9
<b>Q76 Put extra ice in your drink</b>			
1	Never	28.5	33.5
2	Rarely	17.6	15.9
3	Occasionally	11.5	10.4
4	Sometimes	17	15.5
5	Usually	11	10.4
6	Always	10.3	8.2
99	I prefer not to respond	4.1	6.1
<b>Q77 Avoid mixing different types of alcohol</b>			
1	Never	13.4	14.6
2	Rarely	15.4	14.9
3	Occasionally	12.6	12.5
4	Sometimes	14	13.7
5	Usually	21.8	22.6
6	Always	18.9	16.2
99	I prefer not to respond	4.1	5.5
<b>Q78 Drink slowly, rather than gulp or chug</b>			
1	Never	6.4	7.3
2	Rarely	7.1	7.6
3	Occasionally	12	7.3
4	Sometimes	17.9	18.9
5	Usually	28.5	31.4
6	Always	24.7	22.9

99	I prefer not to respond	3.5	4.6
<b>Q79</b>	<b>Avoid trying to "keep up" or "out-drink" others</b>		
1	Never	9.3	11.3
2	Rarely	7	5.5
3	Occasionally	8.5	7.3
4	Sometimes	10.9	12.5
5	Usually	23	24.1
6	Always	37.4	33.8
99	I prefer not to respond	3.9	5.5
<b>Q80</b>	<b>Purposefully limited the amount of money I spent on alcohol</b>		
1	Never	8.1	7.9
2	Rarely	5	5.5
3	Occasionally	7.2	6.1
4	Sometimes	13.2	11.3
5	Usually	25.7	22.9
6	Always	36	39.9
99	I prefer not to respond	4.8	6.4
<b>Q81</b>	<b>Eaten before and/or during alcohol consumption</b>		
1	Never	3.1	3.7
2	Rarely	1.6	1.8
3	Occasionally	4.3	4
4	Sometimes	10.6	10.7
5	Usually	33.9	33.5
6	Always	43.2	41.5
99	I prefer not to respond	3.5	4.9
<b>Q82</b>	<b>Received free, non-alcoholic drinks at a bar/restaurant for being a designated sober driver</b>		
1	Never	54.3	52.4
2	Rarely	9.5	8.5
3	Occasionally	6.2	6.7
4	Sometimes	10.1	9.5
5	Usually	6.8	5.5
6	Always	8.1	8.5
99	I prefer not to respond	5.1	8.8
<b>Q83</b>	<b>Had at least one person in your group who was sober (had no drinks)</b>		
1	Never	5.3	4.3
2	Rarely	8	6.7
3	Occasionally	8.7	8.5
4	Sometimes	13.5	11.6
5	Usually	23.8	22.9
6	Always	36.6	40.2
99	I prefer not to respond	4.1	5.8
<b>Q84</b>	<b>Which of these activities have you participated in during the past academic year? (Check all that apply)</b>		
1	21 birthday shots	9.5	6.1
2	Beer bong and/or keg stand	26.7	24.1

3	Drinking games	62.3	66.5
4	Drink specials	41.2	33.8
88	None of above	29.2	27.1
99	I prefer not to respond	1.8	2.1

### **C Following Consequences Available for Drinkers Only**

#### **C How often in the past year have you experienced after, or as a result of, alcohol consumption? (All Students)**

##### **Q85 Had a hangover**

1	0 times	49.5	52.1
2	1 time	13.6	10.2
3	2 times	9.5	10
4	3-5 times	11.9	11.8
5	5+ times	14.9	14.9
99	I prefer not to respond	0.6	0.9

##### **Q86 Been in trouble with campus administrators**

1	0 times	96.7	98.1
2	1 time	2.2	0.7
3	2 times	0.3	0.2
4	3-5 times	0.1	0
5	5+ times	0.1	0
99	I prefer not to respond	0.6	0.9

##### **Q87 Been arrested by campus police or other law enforcement**

1	0 times	98	97.9
2	1 time	1.1	0.9
3	2 times	0.2	0
4	3-5 times	0.1	0
5	5+ times	0	0
99	I prefer not to respond	0.6	1.2

##### **Q88 Been hurt or injured**

1	0 times	89	87
2	1 time	6.3	8.5
3	2 times	2.7	2.6
4	3-5 times	1	0.7
5	5+ times	0.4	0.2
99	I prefer not to respond	0.6	0.9

##### **Q89 Received medical attention**

1	0 times	97.1	95.7
2	1 time	1.8	2.6
3	2 times	0.3	0.5
4	3-5 times	0.1	0
5	5+ times	0.1	0.2
99	I prefer not to respond	0.5	0.9

##### **Q90 Driven after consuming any alcohol**

1	0 times	76.5	81.5
2	1 time	8.4	6.9
3	2 times	5.4	4.5
4	3-5 times	3.9	2.8

5	5+ times	4.7	2.4
99	I prefer not to respond	1.1	1.9
<b>Q91</b>	<b>Been arrested for DUI/DWI</b>		
1	0 times	98.9	98.6
2	1 time	0.4	0
3	2 times	0	0.2
4	3-5 times	0.1	0
5	5+ times	0	0.2
99	I prefer not to respond	0.6	0.9
<b>Q92</b>	<b>Vomited</b>		
1	0	60	54.7
2	1	16.3	18.7
3	2	9.8	11.6
4	3-5 times	8.6	8.3
5	5+ Times	4.7	5.2
99	I prefer not to respond	0.6	1.4
<b>Q93</b>	<b>Were taken advantage of sexually</b>		
1	0 times	94.1	92.9
2	1 time	3.5	4
3	2 times	0.9	0.2
4	3-5 times	0.5	0.9
5	5+ times	0.3	0.5
99	I prefer not to respond	0.7	1.4
<b>Q94</b>	<b>Took advantage of someone sexually</b>		
1	0 times	97.9	97.9
2	1 time	0.8	0.5
3	2 times	0.3	0
4	3-5 times	0.1	0
5	5+ times	0.2	0.2
99	I prefer not to respond	0.7	1.4
<b>Q95</b>	<b>Rode with someone after drinking</b>		
1	0 times	71.5	75.8
2	1 time	11.3	11.4
3	2 times	7.6	5
4	3-5 times	5.3	3.8
5	5+ times	3.5	2.6
99	I prefer not to respond	0.8	1.4
<b>Q96</b>	<b>Engaged in risky sexual behavior</b>		
1	0 times	84.2	81.5
2	1 time	6	7.3
3	2 times	3.7	4
4	3-5 times	2.7	3.1
5	5+ times	2.6	2.4
99	I prefer not to respond	0.7	1.7
<b>Q97</b>	<b>Forced or coerced into drinking more alcohol than you wanted</b>		
1	0 times	83.8	83.2

2	1 time	7.2	7.6
3	2 times	4.3	4.3
4	3-5 times	2.3	2.4
5	5+ times	1.7	0.9
99	I prefer not to respond	0.7	1.7

**Q98 Performed poorly on a test or assignment**

1	0 times	89	90.3
2	1 time	5	4
3	2 times	2.9	2.4
4	3-5 times	1.6	0.9
5	5+ times	0.9	0.7
99	I prefer not to respond	0.6	1.7

**Q99 Missed class**

1	0 times	82.6	84.4
2	1 time	6.8	6.9
3	2 times	4.6	2.8
4	3-5 times	3.1	2.6
5	5+ times	2.3	1.7
99	I prefer not to respond	0.6	1.7

**Q100 Experienced a "blackout"/memory loss**

1	0 times	73	68.7
2	1 time	10.8	11.4
3	2 times	5.7	6.4
4	3-5 times	5.1	5
5	5+ times	4.7	6.6
99	I prefer not to respond	0.7	1.9

**Q101 How often have you experienced alcohol poisoning in the last year?**

1	0 times	94.4	92.2
2	1 time	3.3	5.7
3	2 times	1.1	1
4	3-5 times	0.4	0.2
5	5+ times	0.2	0
99	I prefer not to respond	0.5	1

**C Quick Look at Consequences--All Students, At least Once How often in the past year have you experienced after, or as a result of, alcohol consumption?**

C_Q85	Had a hangover	50.5	47.9
C_Q86	Been in trouble with campus administrators	3.3	1.9
C_Q87	Been arrested by campus police or other law enforcement	2	2.1
C_Q88	Been hurt or injured	11	13
C_Q89	Received medical attention	2.9	4.3
C_Q90	Driven after consuming any alcohol	23.5	18.5
C_Q91	Been arrested for DUI/DWI	1.1	1.4
C_Q92	Vomited	40	45.3
C_Q93	Were taken advantage of sexually	5.9	7.1
C_Q94	Took advantage of someone sexually	2.1	2.1

C_Q95	Rode with someone after drinking	28.5	24.2
C_Q96	Engaged in risky sexual behavior	15.8	18.5
C_Q97	Forced or coerced into drinking more alcohol than you wanted	16.2	16.8
C_Q98	Performed poorly on a test of assignment	11	9.7
C_Q99	Missed Class	17.4	15.6
C_Q100	Blackout/Memory loss	27	31.3
C_Q101	Alcohol Poisoning	5.6	7.8
<b>Q102</b>	<b>What would you do if you were in the presence of a student whom you suspected had alcohol poisoning?</b>		
1	I would call 911	63	52.4
2	I would take them to the hospital myself	30.2	37.2
3	I would not do anything because I would be afraid I would get in trouble with campus officials, or police	0.9	2.1
4	I would not do anything because I would not feel comfortable getting involved	2	1.8
99	I prefer not to respond	3.9	6.4
<b>Q103</b>	<b>Which of the following occurred to you in response of experiencing alcohol poisoning? (Check all that apply)</b>	<b>n=396</b>	<b>n=29</b>
1	I do not remember.	32.1	17.2
2	I was left alone.	12.9	10.3
3	I vomited in my sleep	31.6	34.5
4	No one helped me.	5.6	3.4
5	Friends let me sleep it off.	43.7	51.7
6	I was taken for medical attention.	8.3	10.3
7	Someone stayed with me to make sure I was okay.	50.8	62.1
8	Other (please specify)	2.8	0
99	I prefer not to respond	4.8	3.4
<b>Q104</b>	<b>When you consume alcohol, how do you define the designated driver that you would typically use?</b>	<b>n=8994</b>	<b>n=480</b>
1	Someone who has not had any alcohol beverages	80.9	88.9
2	Someone who has had a couple of alcoholic beverages, but a few hours have elapsed so he/she is sober enough to drive	17.8	9
3	Someone who has many alcoholic beverages but is the least drunk person in the group.	0.4	0.3
99	I prefer not to respond	0.9	1.9
<b>Q105</b>	<b>In the last academic year, have you ever used a designated driver (*defined as someone who had no alcohol) when you drank and needed a ride home?</b>		
1	100% (Always)	37.3	38.7
2	75-99% (Almost Always)	23.5	24.2
3	51-74% (More than half the time I drank)	5.1	3.8
4	50% (About half the time I drank)	3.7	2.2
5	25-49% (Less than half the time I drank)	2.8	1.9
6	1-24% (Almost never)	3.4	2.5
7	No, I have needed a DD because I walked	6.2	12.6
8	No, I have never needed a DD because I just stayed where I was drinking	11.5	9.1
9	No, I don't use a DD	3.5	2.5

99	I prefer not to respond	3.1	2.5
<b>Q106</b>	<b>Who was your designated driver? (Check all that apply)</b>	<b>n=4424</b>	<b>n=231</b>
1	A taxi service	23.5	3.5
2	Friend, family, or acquaintance	92.3	79.7
3	Fraternity or sorority designated driver	21.7	43.7
4	Other University DD program	7.9	0.9
99	I prefer not to respond	0.6	2.2
<b>Q107</b>	<b>Have you heard of the CHEERS program?</b>	<b>n=8994</b>	<b>n=480</b>
1	Yes	39.8	79.7
2	No	59.5	18.8
99	I prefer not to respond	0.7	1.4
<b>Q108</b>	<b>In the past year, have you ever been a designated driver?</b>		
1	Never	23.1	23.7
2	Rarely	15.8	12.3
3	Sometimes	32.4	39.6
4	Most of the time	12.4	6.8
5	Always	4.1	2.4
6	I have not been a designated driver in the past year	11	13
99	I prefer not to respond	1.1	2.2
<b>Q109</b>	<b>In the past year, IF you have ever been a designated driver, how often have you used the CHEERS program?</b>	<b>n=3015</b>	<b>n=311</b>
1	Never	74.4	77.8
2	Rarely	7.7	4.2
3	Sometimes	6.1	5.8
4	Most of the Time	1.3	0.3
5	Always	0.9	0.3
88	I have not been a designated driver in the past year	8.8	10.6
99	I prefer not to respond	0.8	1
<b>Q110</b>	<b>In the past year, which of the following have you experienced as a result of another person's alcohol use? (Check all that apply)</b>	<b>n=8994</b>	<b>n=480</b>
1	Took care of someone who drank too much	58.5	58.8
2	Took someone for emergency medical care	3.2	1.8
3	Had your sleep interrupted	40.6	36.6
4	Had your study interrupted	23.7	19.6
5	Were prevented from enjoying events	21.3	18
6	Were harassed about sexual orientation, race/ethnicity, religion, or gender by an intoxicated person	4.7	3.1
7	Had a verbal argument	20.1	14.9
8	Been pushed, hit or assaulted	7	6.4
9	Been threatened with physical violence	5.4	4.6
10	Was taken advantage of sexually	2.7	3.1
11	Had your personal property or residence damaged	8	5.2
12	Felt unsafe	10.6	11.9
88	None of the above	26.7	23.7
99	I prefer not to respond	1.4	2.3



## C

**Quick Look at Frequency Perception : How often do you think the students in each category (on your campus) consume alcohol? Please provide your best guess. (3 or more times/week)**

C_Q111	Yourself	6.1	5.4
C_Q112	Your Friends	15.5	15.2
C_Q113	Typical Student	18.4	12.1
C_Q114	Student-Athletes	17.2	17
C_Q115	Fraternity or Sorority Members	61.1	61.9
C_Q116	Student Leaders	6.4	5.7

**Q118 Which statement below about drinking alcoholic beverages do you feel best represents your own attitude?**

1	Drinking is never a good thing to do	10.7	6.7
2	Drinking is alright, but a person should not get drunk	31.1	30.9
3	Occasionally getting drunk is okay as long as it doesn't interfere with academics or other responsibilities	50.7	52.1
4	Occasionally getting drunk is okay even if it does interfere with academics or responsibilities	1.9	1.5
5	Frequently getting drunk is okay if that's what the individual wants to do.	3.5	5.9
99	I prefer not to respond	2.2	2.8

**Q119 Which statement below about drinking alcoholic beverages do you feel best represents the most common attitude of students on your campus?**

1	Drinking is never a good thing to do	4	1.5
2	Drinking is alright, but a person should not get drunk	7.9	4.6
3	Occasionally getting drunk is okay as long as it doesn't interfere with academics or other responsibilities	49.2	62.6
4	Occasionally getting drunk is okay even if it does interfere with academics or responsibilities	17.5	14.4
5	Frequently getting drunk is okay if that's what the individual wants to do.	18.6	14.4
99	I prefer not to respond	2.7	2.3

**Q120 What is your campus administration's attitude about alcohol?**

1	Drinking is never a good thing to do	31.3	40.5
2	Drinking is alright, but a person should not get drunk	35.5	36.9
3	Occasionally getting drunk is okay as long as it doesn't interfere with academics or other responsibilities	26.7	18
4	Occasionally getting drunk is okay even if it does interfere with academics or responsibilities	1.6	0.8
5	Frequently getting drunk is okay if that's what the individual wants to do.	1.1	1
99	I prefer not to respond	3.7	2.8

**Q121 Which of the following best fits your intentions to change the way you drink alcohol?**

1	I am currently trying to drink in a healthier/safer way	24.2	22
2	I am ready to try drinking in a healthier/safer way	3.3	5.7
3	I am thinking about drinking in a healthier/safer way	5.5	5.7
4	I see no need to change the way I drink alcohol	63.9	62.8

99	I prefer not to respond	3.1	3.7
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**Q\* 0**

Drug Use Data

0

0

PIP 21	Truman
n=8994	n=480

**ILLEGAL DRUG USE**

**In the past year, how often have you used the following drug(s)?**

**Q122 Marijuana**

1	1-6 times/year	11.7	13.5
2	1-2 times/month	3.5	2.3
3	1-2 times/week	1.9	2.1
4	3 or more times/week	2.3	2.9
5	Daily	2.9	1.6
88	I did not use	75.9	75.8
99	I prefer not to respond	1.8	1.8

**Q123 How often do you think the typical student on your campus uses marijuana?**

1	1-6 times/year	34.3	41.4
2	1-2 times/month	24.7	25.0
3	1-2 times/week	13.7	7.8
4	3 or more times/week	5.2	2.1
5	Daily	1.8	0.3
6	Never	14.4	17.2
99	I prefer not to respond	5.9	6.3

**Q124 How often have you drove after using drugs (marijuana, synthetic marijuana, bath salts, cocaine, amphetamines, methamphetamines, inhalants or club drugs)?**

1	0 times	87.3	89.6
2	1 time	2.2	1.6
3	2 times	1.6	2.1
4	3-5 times	1.5	0.5
5	5+ times	4.6	3.1
99	I prefer not to respond	2.8	3.1

**Q125 Where have you used marijuana in the past year? (Check all that apply)**

		<b>n=1660</b>	<b>n=86</b>
1	Residence hall	7.8	4.7
2	Apartment/house	46.9	39.5
3	Greek house	8.8	12.8
4	Athletic events	3.1	0.0
5	Concerts	15.1	7.0
6	Bars	6.6	0.0
7	Parties	34.3	23.3
8	Social gatherings or friend's house (off-campus)	71.4	75.6

9	Outdoors	44.4	36.0
10	In a car	43.1	34.9
11	Other (please specify)	2.5	1.2
99	I prefer not to respond	2.8	3.5

**Q126 When you used marijuana in a car, what was the status of the car? n=704 n=30**

1	Parked on campus	7.2	3.3
2	Parked off campus	44.7	60.0
3	Being driven	43.2	33.3
99	I prefer not to respond	4.8	3.3

**Prescription Drug Use**

**Q127 How would your family feel about you using prescription drug medication without a doctor's prescription?**

1	Strongly disapprove	67.3	67.8
2	Disapprove	22.9	21.6
3	Approve	2.5	1.8
4	Strongly Approve	0.4	0.3
99	Not applicable/I prefer not to respond	6.9	8.4

**Q128 How would your friends feel about you using prescription drug medication without a doctor's prescription?**

1	Strongly disapprove	37.5	38.3
2	Disapprove	39.3	40.1
3	Approve	12.2	10.0
4	Strongly Approve	1.4	1.3
99	Not applicable/I prefer not to respond	9.7	10.3

**Q129 Do you believe a person risks harming themselves, physically or otherwise, when they use prescription drugs without a doctor's prescription?**

1	No, no risk	0.9	1.1
2	Yes, a little risk	11.4	10.0
3	Yes, a moderate risk	26.6	26.4
4	Yes, very risky	59.2	59.4
99	I prefer not to respond	1.9	3.2

**Q130 Please indicate your level of agreement with the following statement: My family talks about prescription drug misuse**

1	Strongly disagree	19.2	17.9
2	Disagree	31.2	31.4
3	Agree	27.9	27.7
4	Strongly Agree	7.0	6.3
99	Not applicable/I prefer not to respond	14.7	16.6

**Q131 Please indicate your level of agreement with the following statement: Using prescription drugs without a prescription is safer than using illegal drugs.**

1	Strongly disagree, illegal drugs are safer.	5.1	4.2
2	Disagree, they are equally dangerous.	80.7	80.7
3	Agree, prescription drugs without a prescription are safer.	6.5	5.5

99	Not applicable/I prefer not to respond	7.8	9.5
<b>Q132</b>	<b>In the <u>past year</u>, which of the following prescription drugs have you used without a doctor's prescription for your use? (Check all that apply)</b>	<b>n=7180</b>	<b>n=370</b>
1	Stimulants (e.g. Dexedrine, Adderall, Ritalin, Concerta)	7.5	8.4
2	Pain Medications (e.g., Vicodin, OxyCotin, Tylenol 3 with Codeine, Demerol, Morphine)	7.4	3.5
3	Sedatives/Anxiety Medication (e.g., Barbiturates, Valium, Librium, Xanax, Ativan, Klonopin)	3.1	1.6
4	Sleeping Medications (e.g., Ambien, Halcion, Restoril)	1.8	0.8
88	I have not used any of these without a doctor's prescription	86.1	87.6
99	I prefer not to respond	1.7	1.9
<b>Q133</b>	<b>In the <u>past 30 days</u>, which of the following prescription drugs have you used without a doctor's prescription for your use? (Check all that apply)</b>	<b>n=906</b>	<b>n=36</b>
1	Stimulants (e.g. Dexedrine, Adderall, Ritalin, Concerta)	27.7	36.1
2	Pain Medications (e.g., Vicodin, OxyCotin, Tylenol 3 with Codeine, Demerol, Morphine)	21.0	11.1
3	Sedatives/Anxiety Medication (e.g., Barbiturates, Valium, Librium, Xanax, Ativan, Klonopin)	8.5	8.3
4	Sleeping Medications (e.g., Ambien, Halcion, Restoril)	4.4	0.0
88	I have not used any of these without a doctor's prescription	52.1	52.8
99	I prefer not to respond	0.2	0.2
<b>How often have you used the prescription drug(s) (without a doctor's prescription)? (Percentages of users)</b>			
<b>Q134</b>	<b>Stimulants (e.g. Dexedrine, Adderall, Ritalin, Concerta)</b>	<b>n=520</b>	<b>n=30</b>
1	1-6 times/year	71.9	83.3
2	1-2 times/month	17.7	6.7
3	1-2 times/week	5.4	3.3
4	3 or more times/week	2.3	0.0
99	I prefer not to respond	2.7	3.3
<b>Q135</b>	<b>Pain Medications (e.g., Vicodin, OxyCotin, Tylenol 3 with Codeine, Demerol, Morphine)</b>	<b>n=505</b>	<b>n=12</b>
1	1-6 times/year	72.5	83.3
2	1-2 times/month	17.2	0.0
3	1-2 times/week	2.2	0.0
4	3 or more times/week	1.6	0.0
99	I prefer not to respond	6.5	16.7
<b>Q136</b>	<b>Sedatives/Anxiety Medication (e.g., Barbiturates, Valium, Librium, Xanax, Ativan, Klonopin)</b>	<b>n=215</b>	<b>n=6</b>
1	1-6 times/year	70.2	100.0
2	1-2 times/month	17.7	0.0
3	1-2 times/week	5.1	0.0
4	3 or more times/week	1.9	0.0
99	I prefer not to respond	5.1	0.0
<b>Q137</b>	<b>Sleeping Medications (e.g., Ambien, Halcion, Restoril)</b>	<b>n=121</b>	<b>n=2</b>
1	1-6 times/year	65.3	0.0
2	1-2 times/month	11.6	0.0

3	1-2 times/week	7.4	0.0
4	3 or more times/week	4.1	0.0
99	I prefer not to respond	11.6	100.0

**Q138 How do you obtain your prescription drugs without a doctor's prescription? n=875 n=36**

1	I purchase them from other people.	31.7	27.8
2	I steal them.	0.6	0.0
3	I was given them.	50.3	44.4
4	Other.	6.5	2.8
99	I prefer not to respond	11.0	25.0

**Q139 From whom do you access your prescription drugs without a doctor's prescription? n=920 n=37**

1	From family	16.3	8.1
2	From friends	55.3	56.8
3	Floormates/roommates	3.7	2.7
4	Strangers	1.5	0.0
5	Other	7.2	2.7
99	I prefer not to respond	16.0	29.7

**Q140 How easy do you think it is for the typical student to obtain prescription drug's without a doctor's prescription? n=8994 n=480**

1	Very easy	16.7	9.8
2	Fairly easy	35.8	33.5
3	Somewhat	31.3	36.2
4	Difficult	11.0	13.6
5	Very difficult	2.1	2.4
99	I prefer not to respond	3.2	4.5

**People use prescription drugs for various reasons, including the reasons displayed below. For any of the drugs you used without a doctor's prescription, how important were these reasons for your use? n=920 n=37**

**Q141 Stress reduction**

1	Not at all important	35.7	43.2
2	Not Important	10.2	10.8
3	Somewhat Important	17.2	2.7
4	Important	16.6	16.2
5	Very Important	16.0	21.6
99	I prefer not to respond	4.3	5.4

**Q142 Sleep aid**

1	Not at all important	43.2	59.5
2	Not Important	13.4	13.5
3	Somewhat Important	15.7	5.4
4	Important	13.5	10.8
5	Very Important	10.0	5.4
99	I prefer not to respond	4.3	5.4

**Q143 Mood enhancement**

1	Not at all important	38.2	45.9
2	Not Important	11.6	5.4

3	Somewhat Important	15.7	13.5
4	Important	17.6	13.5
5	Very Important	12.5	16.2
99	I prefer not to respond	4.5	5.4
<b>Q144</b>	<b>Increased energy</b>		
1	Not at all important	30.3	27.0
2	Not Important	9.1	0.0
3	Somewhat Important	15.8	8.1
4	Important	18.2	10.8
5	Very Important	22.2	45.9
99	I prefer not to respond	4.5	8.1
<b>Q145</b>	<b>Weight loss</b>		
1	Not at all important	60.4	70.3
2	Not Important	15.4	8.1
3	Somewhat Important	9.1	13.5
4	Important	5.7	2.7
5	Very Important	4.2	0.0
99	I prefer not to respond	5.1	5.4
<b>Q146</b>	<b>To fit in with friends</b>		
1	Not at all important	69.0	78.4
2	Not Important	13.8	5.4
3	Somewhat Important	7.3	8.1
4	Important	3.3	2.7
5	Very Important	1.5	0.0
99	I prefer not to respond	5.1	5.4
<b>Q147</b>	<b>To have a good time</b>		
1	Not at all important	46.2	59.5
2	Not Important	11.6	5.4
3	Somewhat Important	14.7	10.8
4	Important	12.3	10.8
5	Very Important	10.7	8.1
99	I prefer not to respond	4.6	5.4
<b>Q148</b>	<b>To reduce pain</b>		
1	Not at all important	33.9	54.1
2	Not Important	10.0	2.7
3	Somewhat Important	15.5	13.5
4	Important	19.0	13.5
5	Very Important	17.7	10.8
99	I prefer not to respond	3.8	5.4
<b>Q149</b>	<b>To improve academic performance</b>		
1	Not at all important	31.4	10.8
2	Not Important	8.3	2.7
3	Somewhat Important	11.3	8.1
4	Important	16.5	21.6
5	Very Important	27.2	48.6
99	I prefer not to respond	5.3	8.1

<b>For any of the drugs you used without a doctor's prescription, to what extent have you experienced the following?</b>		<b>n=920</b>	<b>n=37</b>
<b>Q150</b>	<b>Academic problems (missed class, did poorly on exam, etc.)</b>		
1	None at all	81.0	86.5
2	Very Little	7.0	2.7
3	Somewhat	3.6	5.4
4	Quite a Bit	2.5	0.0
5	To a great extent	1.7	0.0
99	I prefer not to respond	4.2	5.4
<b>Q151</b>	<b>Strained relationships with family or friends</b>		
1	None at all	81.7	83.8
2	Very Little	5.5	5.4
3	Somewhat	5.2	2.7
4	Quite a Bit	1.8	2.7
5	To a great extent	1.2	0.0
99	I prefer not to respond	4.5	5.4
<b>Q152</b>	<b>Poor physical Health</b>		
1	None at all	78.8	81.1
2	Very Little	7.4	5.4
3	Somewhat	6.4	5.4
4	Quite a Bit	1.6	0.0
5	To a great extent	1.2	2.7
99	I prefer not to respond	4.1	5.4
<b>Q153</b>	<b>Lowered psychological well-being</b>		
1	None at all	74.8	81.1
2	Very Little	10.4	5.4
3	Somewhat	7.0	5.4
4	Quite a Bit	1.7	0.0
5	To a great extent	1.7	2.7
99	I prefer not to respond	4.3	5.4
<b>Q154</b>	<b>Legal troubles</b>		
1	None at all	87.1	0.0
2	Very Little	3.3	91.9
3	Somewhat	2.8	2.7
4	Quite a Bit	1.6	0.0
5	To a great extent	1.0	0.0
99	I prefer not to respond	4.2	5.4
<b>Q155</b>	<b>Financial problems</b>		
1	None at all	82.1	86.5
2	Very Little	6.0	5.4
3	Somewhat	4.7	2.7
4	Quite a Bit	1.5	0.0
5	To a great extent	1.2	0.0
99	I prefer not to respond	4.6	5.4
<b>Q156</b>	<b>Employment problems</b>		
1	None at all	87.3	91.9
2	Very Little	3.3	0.0

3	Somewhat	3.6	2.7
4	Quite a Bit	1.1	0.0
5	To a great extent	1.5	0.0
99	I prefer not to respond	4.2	5.4

**Q157 Reduced pain**

1	None at all	47.7	59.5
2	Very Little	6.4	8.1
3	Somewhat	15.8	16.2
4	Quite a Bit	16.3	5.4
5	To a great extent	9.8	5.4
99	I prefer not to respond	4.0	5.4

**Q158 Improved academic performance**

1	None at all	43.6	21.6
2	Very Little	6.2	2.7
3	Somewhat	16.5	16.2
4	Quite a Bit	15.9	27.0
5	To a great extent	12.6	27.0
99	I prefer not to respond	5.2	5.4

**Q\* 0**

Gambling Data

0

0

PIP 21  
n=8994 Truman  
n=480

**GAMBLING**

**Q159 Gambling can include...Considering all of these different ways to gamble, do you Gamble?**

1	Yes	26.5	18.6
2	No	72.3	80.1
99	I prefer not to respond	1.2	1.3

**Q160 In past year, which of the following gambling activities have you participated in (Check all that apply)**

n=1910 n=70

1	Poker/Internet	6.7	5.7
2	Poker/private game	25.2	34.3
3	Poker/casino	15.7	7.1
4	Betting on sports with individual friends	27.1	22.9
5	Betting pools with friends/coworkers	18.1	12.9
6	Betting on sports (Internet only)	2.3	1.4
7	Betting on sports (Bookie)	1.9	0
8	Fantasy sports leagues (entry fee required)	14	15.7
9	Lotto/scratch tickets	65.2	64.3
10	Casino games	32.2	18.6
11	Slot machines	35.8	22.9
12	Stock market	9.9	12.9
13	Video machines	5.6	7.1
14	I have not participated in any of these gambling activities	3.1	4.3



99	I prefer not to respond	0.5	0
<b>Q161</b>	<b>Thinking about all the different ways you gamble, how often do you gamble?</b>		
1	1-2 times/year	35.3	40.6
2	3-6 times/year	40.9	40.6
3	1-2 times/month	15.9	14.5
4	Once a week	4.7	1.4
5	3 or more times/week	1.8	1.4
99	I prefer not to respond	1.3	1.4
<b>How often have you engaged in or experienced as a result of your gambling?</b>			
<b>Q162</b>	<b>Attempted to recoup gambling losses by returning to gambling the next day.</b>		
1	Never	88	95.7
2	Rarely	7.5	2.9
3	Sometimes	3.7	1.4
4	Often	0.6	0
5	Always	0.3	0
<b>Q163</b>	<b>Felt the need to gamble increased amounts of money to get the same excitement</b>		
1	Never	86.6	94.2
2	Rarely	7.9	2.9
3	Sometimes	4.4	2.9
4	Often	1.2	0
5	Always	0.2	0
<b>Q164</b>	<b>Borrowed money for gambling debts</b>		
1	Never	97.1	98.6
2	Rarely	1.6	0
3	Sometimes	0.8	1.4
4	Often	0.4	0
5	Always	0.1	0
<b>Q165</b>	<b>Lied to family or friends to hide gambling activity</b>		
1	Never	94	97.1
2	Rarely	3.3	1.4
3	Sometimes	2	1.4
4	Often	0.6	0
5	Always	0.1	0
<b>Q166</b>	<b>Lost a lot of your time</b>		
1	Never	84.2	88.4
2	Rarely	9.9	8.7
3	Sometimes	4.3	1.4
4	Often	1	1.4
5	Always	0.6	0
<b>To what extent have you experienced financial, legal, or academic issues due to your gambling activity?</b>			
<b>Q167</b>	<b>Lost a considerable amount of money</b>		

5	To a great extent	5.5	10.1
4	Quite a bit	1.1	0
3	Somewhat	4.3	4.3
2	Very little	19.5	10.1
1	None at all	69.6	75.4

**Q168 Gambled money intended for something else**

5	To a great extent	5.6	10.1
4	Quite a bit	0.7	0
3	Somewhat	2.4	2.9
2	Very little	7.5	2.9
1	None at all	83.8	84.1

**Q169 Academic problems**

5	To a great extent	5.4	10.1
4	Quite a bit	0.4	0
3	Somewhat	1.1	1.4
2	Very little	2.3	0
1	None at all	90.9	88.4

**Q170 Trouble with the law**

5	To a great extent	5.3	10.1
4	Quite a bit	0.4	0
3	Somewhat	0.6	1.4
2	Very little	0.9	0
1	None at all	92.7	88.4

**Q171 What is the main reason(s) that you choose to gamble? (Check all that apply)**

1	For fun and social reasons	84.7	88.4
2	To win money	55.8	55.1
3	Pass the time/alleviate boredom	16.7	14.5
4	Reduce stress	4.6	1.4
5	Just feel the need to	1.7	1.4
6	Competition with others	18.2	18.8
7	For the rush/excitement	18	17.4
8	Other	3.5	2.9

**Q\* 0**

Tobacco Use Data

0  
0

PIP 21 Truman  
n=8994 n=480

**TOBACCO**

**Q172 Which of the following tobacco products have you used in the past year?**

1	Cigarettes	17.8	19.8
2	Cigars	14.1	16.8
3	Smokeless Tobacco (e.g., chewing, spit, dip)	5.4	4.3
4	Tobacco pipes	3.3	5.9

5	Hookah	22.4	24.9
6	E-cigarettes	10.2	6.7
7	Other (please specify)	0.2	0.3
88	Do not use Tobacco products	62.4	61.2
99	I prefer not to respond	0.8	0.5

**How often do you use the following tobacco products?**

**Q173 How often do you smoke cigarettes? n=1283 n=74**

1	A few times a year	44.4	52.7
2	1-3 times a month	13.7	13.5
3	1-2 times a week	7.6	9.5
4	3-6 times a week	6.7	4.1
5	Everyday	25.3	14.9
99	I prefer not to respond	2.3	5.4

**Q174 Have you attempted to quit smoking since entering college?**

1	Yes	44.5	33.8
2	No	50.8	62.2
99	I prefer not to respond	4.7	4.1

**Q175 What methods have you used to assist your quitting? (Check all that apply) n=571 n=25**

1	Quitting cold turkey (no assistance)	81.4	88
2	Substituting other types of tobacco instead of cigarettes	28.2	20
3	Reducing total number of cigarettes smoked	54.8	40
4	Spoke with someone to get support	10.3	28
5	Used medication	10.9	12
6	Other (please specify)	5.6	4
99	I prefer not to respond	1.1	0

**Q176 Where have you sought assistance? (Check all that apply)**

1	University Health Center	11.5	0
2	University Counseling Center	5.1	14.3
3	University Wellness Center	5	0
4	Off Campus Medical Doctor/Facility	48.8	12.5
5	Support of family/friends	82.3	87.5
6	Other (please specify)	11.1	0
99	I prefer not to respond	9.4	0

**Q177 Which statement best describes the results of your quit attempt? n=569 n=25**

1	I have not smoked a cigarette since quitting	29.3	48
2	I have greatly reduced my smoking but have occasional "slip-ups"	48	32
3	I continue to smoke at the same level as before the quit attempt	22	20
99	I prefer not to respond	0.7	0

**Q178 Do you want to quit smoking? n=1049 n=59**

1	Yes	42.8	16.9
2	No	48.1	74.6
99	I prefer not to respond	9.1	8.5

**Q179 Which of the following best fits your intentions to change the way you use tobacco? n=568 n=25**

1	I am currently trying to smoke less often and/or quit	61.8	68
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2	I am ready to try smoking less and/or quitting	7.4	4
3	I am thinking about smoking less and/or quitting.	12.9	12
4	I see no need to change my tobacco use	15.3	16
99	I prefer not to respond	2.6	0

**Q\* 0**

Driving Data

0

0

PIP 21 Truman  
n=8994 n=480

### DRIVING BEHAVIOR

While driving a vehicle, how often do you do the following?

#### Q182 Wear a safety belt

1	Never	0.9	0.8
2	Rarely	1.5	2.1
3	Sometimes	2.7	2.1
4	Most of the time	9.9	11
5	Always	80	76.7
88	I do not drive	5	7.2

#### Q183 Talk on a cell phone

1	Never	7.7	10.5
2	Rarely	32	39.9
3	Sometimes	47.6	37
4	Most of the time	5.8	4.6
5	Always	1.7	0.8
88	I do not drive	5.3	7.2

#### Q184 Text-message on a cell phone

1	Never	26.2	36.7
2	Rarely	36.5	38.1
3	Sometimes	24.8	13.7
4	Most of the time	5.8	3.5
5	Always	1.4	0.8
88	I do not drive	5.3	7.2

#### Q185 Drive while drowsy

1	Never	18.1	15.8
2	Rarely	39.9	42.1
3	Sometimes	33.2	32.2
4	Most of the time	2.6	2.4
5	Always	0.7	0.3
88	I do not drive	5.3	7.2

#### Q186 Go 10 or more miles per hour over the speed limit

1	Never	13.4	20.6
2	Rarely	30.4	30.8
3	Sometimes	33.8	29.5
4	Most of the time	13.6	9.1
5	Always	3.4	2.7

88	I do not drive	5.4	7.2
<b>Q187 Become angry at other drivers</b>			
1	Never	8.8	11.5
2	Rarely	29.3	33.5
3	Sometimes	38.1	35.4
4	Most of the time	13.1	8
5	Always	5.5	4
88	I do not drive	5.2	7.5
<b>Q188 Change a musical component</b>			
1	Never	2.2	1.9
2	Rarely	6.6	6.7
3	Sometimes	26	24.9
4	Most of the time	32.7	33
5	Always	27.1	25.7
88	I do not drive	5.3	7.8
<b>Q189 Eat or drink</b>			
1	Never	5.6	8
2	Rarely	23.2	27.1
3	Sometimes	50.3	46.4
4	Most of the time	12.2	8
5	Always	3.5	3.5
88	I do not drive	5.3	7

**Q\* 0**

Sexual Relationship & Abuse Data

0

0

PIP 21 Truman  
n=8994 n=480

### RELATIONSHIP AND ABUSE DATA

**Q191 Specific Numbers of Partners Available**

**C\_Q190 How many sexual partners have you had in the past year? (RANGES)**

1	0 partners	33	40.2
2	1 partner	39.3	29.8
3	2 partners	8.9	8.6
4	3-4 partners	7	7.2
5	5-7 partners	3.2	5.1
6	8+ partners	1.7	1.9
7	I prefer not to respond	6.9	7.2

**Q191 How many sexual partners do you think the typical students has had in the past year?**

1	0 partners	2.1	1.1
2	1 partner	10.3	13.7
3	2 partners	24.5	32.2
4	3-4 partners	35.5	33.2
5	5-7 partners	13.7	7.8

6	8+ partners	3.5	1.3
7	I prefer not to respond	10.3	10.7
<b>Q192</b>	<b>Have you ever used alcohol or drugs to help you feel more comfortable with a sexual partner?</b>		
1	Yes	19	17.7
2	No	78.2	79.4
3	Prefer not to respond	2.8	2.9
<b>Q193</b>	<b>In the past year, have you used alcohol or drugs to help you feel more comfortable with a sexual partner?</b>		
1	Yes	12.3	13.9
2	No	85	82.8
3	Prefer not to respond	2.7	3.2
<b>Q194</b>	<b>Have you ever done something more sexually than you had originally planned because you had been drinking alcohol or using drugs?</b>		
1	Yes	21.4	17.2
2	No	76	79.6
3	Prefer not to respond	2.7	3.2
<b>Q195</b>	<b>In the past year, have you ever done something more sexually than you had originally planned because you had been drinking alcohol or using drugs?</b>		
1	Yes	13.3	13.7
2	No	84	82.8
3	Prefer not to respond	2.6	3.5
<b>Q196</b>	<b>Have you ever been in an intimate relationship that has been: (check all that apply)</b>		
1	Emotionally-verbally abusive	17.9	14.7
2	Sexually abusive	4.1	3.5
3	Physically abusive	5.9	2.1
4	Mentally abusive	14.4	11.8
5	Financially abusive	5.6	2.4
6	Abusive in any other way (please specify)	0.5	0.3
7	Not applicable/none of the above	74.3	77.7
8	Prefer not to respond	3	2.4
<b>Q197</b>	<b>In the past year, have you ever been in an intimate relationship that has been: (check all that apply)</b>		
1	Emotionally-verbally abusive	7.4	8.1
2	Sexually abusive	1.2	1.9
3	Physically abusive	1.7	1.3
4	Mentally abusive	5.1	5.1
5	Financially abusive	2.1	1.9
6	Abusive in any other way (please specify)	0.3	0.3
7	Not applicable/none of the above	87.5	87.9
8	Prefer not to respond	2.7	1.9
<b>Q198</b>	<b>Ever experienced non-consensual sexual contact (against your will)?</b>		
1	Yes	14.6	13.7

2	No	82.9	83.8
3	Prefer not to respond	2.5	2.4

**Q199 In the past year, have you ever experienced non-consensual sexual contact (against your will)?**

1	Yes	3.5	5.4
2	No	94.6	92.7
3	Prefer not to respond	1.9	1.9

**Q200 Has the non-consensual sexual contact occurred while attending this college/university?**

**n=1045 n=51**

1	Yes	28.6	47.1
2	No	70.6	52.9
3	Prefer not to respond	0.8	0

**Q\* 0**

Well-Being & Mental Health Data

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**PIP 21 Truman**

**n=8994 n=480**

**WELL-BEING**

**Q201 In the past two weeks, how stressed have you felt?**

1	I have experienced no stress	1.1	0.3
2	Minimal	8.5	8.6
3	A little stressed	16.9	20
4	Stressed, but managing	48.8	44.3
5	Overwhelmed	21.1	22.7
6	My stress is unbearable	2.7	2.7
99	I prefer not to respond	0.9	1.4

**Q202 To what extent has stress impacted or interfered with your academic life?**

1	Not at all	16.3	14.9
2	Somewhat	37.7	33.8
3	Moderately	26.4	26.5
4	Considerably	13.6	15.7
5	A great deal	5.1	7.8
99	I prefer not to respond	0.9	1.4

**Q203 To what extent has stress impacted or interfered with your personal life?**

1	Not at all	11.4	11.6
2	Somewhat	35.1	32.4
3	Moderately	27.2	29.2
4	Considerably	17.9	16.5
5	A great deal	7.4	8.9
99	I prefer not to respond	1	1.4

**Q204 Which of the following are the main sources of your stress? (Check all that apply).**

1	School/Academics	89.4	93.2
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2	Financial Concerns	54.4	43
3	Job	34.9	24.3
4	Dating/Relationships	29	30.5
5	Family	29.7	24.3
6	Friends	19.6	24.6
7	Roommates	16.6	24.1
8	Time management	52.2	56.2
9	Physical health	25.1	24.9
10	Future plans	53.2	59.2
11	Outside organizations/responsibilities	22.8	36.8
12	Mental Health Issues	9.9	13
13	Other	2.6	3.2

**Q205 Which of the following have you done in the past two weeks to relieve stress (Check up to 3).**

1	Made a list of what you needed to do	40.7	43
2	Exercised	38.9	40.8
3	Ate health foods	12.9	11.9
4	Ate unhealthy/junk food	15.1	14.3
5	Talked with friends	27.8	31.9
6	Talked with family	21.7	20.5
7	Said "no" to additional to time pressures	8.4	5.9
8	Smiled/Laughed	22.6	21.1
9	Online, video, or computer games	15.2	17.3
10	Took a nap	30.2	30
11	Listened to music	26.4	25.1
12	Religious practices	13.5	8.4
13	Drank alcoholic beverages	9.2	8.9
14	Smoked tobacco cigarettes	3.5	2.4
15	Used marijuana	4.8	4.6
16	Other	2.4	2.7

**To what extent did the following help you relieve your stress?**

**Q206 Made a list of what you needed to do n=2837 n=159**

1	Not at all	2.6	0.6
2	Somewhat	20.2	17
3	Moderately	28	31.4
4	Considerably	30.2	36.5
5	A great deal	19	14.5

**Q207 Exercised n=2710 n=151**

1	Not at all	0.5	0
2	Somewhat	10.7	14.6
3	Moderately	24.4	22.5
4	Considerably	35.8	37.7
5	A great deal	28.6	25.2

**Q208 Ate healthy foods n=885 n=44**

1	Not at all	3.3	6.8
2	Somewhat	19	20.5



3	Moderately	28.4	27.3
4	Considerably	28.8	34.1
5	A great deal	20.6	11.4
<b>Q209</b>	<b>Ate unhealthy/junk food</b>	<b>n=1040</b>	<b>n=53</b>
1	Not at all	27.7	24.5
2	Somewhat	37.5	34
3	Moderately	23	24.5
4	Considerably	9.2	13.2
5	A great deal	2.6	3.8
<b>Q210</b>	<b>Talked with a friend</b>	<b>n=1927</b>	<b>n=118</b>
1	Not at all	0.7	0.8
2	Somewhat	11	12.7
3	Moderately	26.2	24.6
4	Considerably	36.6	37.3
5	A great deal	25.5	24.6
<b>Q211</b>	<b>Talked with family</b>	<b>n=1495</b>	<b>n=76</b>
1	Not at all	0.6	1.3
2	Somewhat	10.2	6.6
3	Moderately	22	23.7
4	Considerably	35	32.9
5	A great deal	32.2	35.5
<b>Q212</b>	<b>Said "no" to additional to time pressures</b>	<b>n=577</b>	<b>n=22</b>
1	Not at all	1.7	4.5
2	Somewhat	15.1	27.3
3	Moderately	26.9	31.8
4	Considerably	36.6	22.7
5	A great deal	19.8	13.6
<b>Q213</b>	<b>Smiled/Laughed</b>	<b>n=1560</b>	<b>n=78</b>
1	Not at all	1.1	3.8
2	Somewhat	10.2	7.7
3	Moderately	19.6	28.2
4	Considerably	35.6	17.9
5	A great deal	33.5	42.3
<b>Q214</b>	<b>Online, video, or computer games</b>	<b>n=1047</b>	<b>n=64</b>
1	Not at all	3.9	6.3
2	Somewhat	20.4	17.2
3	Moderately	30.3	39.1
4	Considerably	29.6	23.4
5	A great deal	15.8	14.1
<b>Q215</b>	<b>Took a nap</b>	<b>n=2097</b>	<b>n=111</b>
1	Not at all	4.9	5.4
2	Somewhat	21.2	22.5
3	Moderately	31	34.2
4	Considerably	26.8	21.6
5	A great deal	16.1	16.2
<b>Q216</b>	<b>Listened to music</b>	<b>n=1831</b>	<b>n=93</b>
1	Not at all	1.3	0

2	Somewhat	12.3	11.8
3	Moderately	26.9	30.1
4	Considerably	34.2	35.5
5	A great deal	25.2	22.6
<b>Q217</b>	<b>Religious practices</b>	<b>n=930</b>	<b>n=31</b>
1	Not at all	0	0
2	Somewhat	3.3	6.5
3	Moderately	12.5	16.1
4	Considerably	31.8	19.4
5	A great deal	52.4	58.1
<b>Q218</b>	<b>Drank alcoholic beverages</b>	<b>n=635</b>	<b>n=33</b>
1	Not at all	5.2	0
2	Somewhat	22	18.2
3	Moderately	35.3	27.3
4	Considerably	28.5	45.5
5	A great deal	9	9.1
<b>Q219</b>	<b>Smoked tobacco cigarettes</b>	<b>n=234</b>	<b>n=93</b>
1	Not at all	6.4	0
2	Somewhat	18.8	33.3
3	Moderately	34.2	11.1
4	Considerably	24.8	44.4
5	A great deal	15.8	11.1
<b>Q220</b>	<b>Used marijuana</b>	<b>n=335</b>	<b>n=17</b>
1	Not at all	2.4	0
2	Somewhat	5.1	0
3	Moderately	13.1	17.6
4	Considerably	32.5	35.3
5	A great deal	46.9	47.1
<b>Q221</b>	<b>Whom do you feel you can go to ON CAMPUS when personal concerns arise? (Check all that apply)</b>		
1	Friends/peers	75.6	87.8
2	University counseling center	22.2	25.5
3	Religious or spiritual advisor	11	10.8
4	Residence life staff	8.8	14.1
5	University health center	7	6
6	Law enforcement/campus security	4.4	3.8
7	Academic advisor	17.2	12.7
8	Faculty/Professor	22.7	23
9	University staff member	7.4	7.6
10	Other (please specify)	1.3	2.2
11	I don't feel like I can go to anyone on campus when personal concerns arise	15.4	7.6
99	I prefer not to respond		
<b>Q222</b>	<b>Whom do you feel you can go to OFF CAMPUS when personal concerns arise? (Check all that apply)</b>		
1	Parents	70.9	75.9
2	Sibling/extended family	50.7	48.5

3	Friends/peers	79.4	83.7
4	Mental health professional (counselor)	9.1	10.8
5	Religious or spiritual advisor	17.5	15.2
6	Chat rooms or online support groups	2.4	3.5
7	Dating partner/spouse	40	34.1
8	Other (please specify)	0.6	0.8
9			
	I don't feel like I can go to anyone off campus when personal concerns arise	3.6	1.4
99	I prefer not to respond	1	0.8

### MENTAL HEALTH

#### Q223 In the past year, have you had suicidal thoughts?

1	Yes	15	19.5
2	No	83	77.5
99	I prefer not to respond	2	3

#### Q224 In the past year, have you attempted suicide?

1	Yes	0.9	1.1
2	No	98.3	97.6
99	I prefer not to respond	0.8	1.4

#### Q225 Have you sought assistance for your suicide attempt/thoughts in the past year

		<b>n=1068</b>	<b>n=72</b>
1	Yes	32.4	44.4
2	No	66.5	52.8
99	I prefer not to respond	1.1	2.8

#### Q226 Where did you initially seek assistance? (Check up to 2)

		<b>n=346</b>	<b>n=32</b>
1	University counseling center	30.3	43.8
2	University health center	4	0
3	Religious or spiritual advisor	4.9	6.3
4	Hospital Emergency Room	2.9	3.1
5	Off-campus medical doctor	14.7	18.8
6	Off-campus mental health provider	26.3	21.9
7	In-patient psychiatric facility	3.8	0
8	Friends and family	56.1	59.4
9	Other (please specify)	3.8	3.1
88	None of the above	0.3	0
99	I prefer not to respond	0.6	0

#### Q227 What other services did you utilize? (Check up to 2)

		<b>n=346</b>	<b>n=32</b>
1	University counseling center	20.8	21.9
2	University health center	4.9	0
3	Religious or spiritual advisor	7.5	6.3
4	Hospital Emergency Room	2.9	3.1
5	Off-campus medical doctor	14.5	25
6	Off-campus mental health provider	19.9	18.8
7	In-patient psychiatric facility	2.3	0
8	Friends and family	36.1	40.6
9	Other (please specify)	3.8	0
88	None of the above	24.3	31.3
99	I prefer not to respond	1.2	0

<b>Q228</b>	<b>Which of the following have you experienced in the past year? (Check all that apply)</b>	<b>n=8994</b>	<b>n=480</b>
1	Major depression	18.5	20.6
2	Sexual assault	1.5	2.7
3	Eating disorder(s)	5.8	4.6
4	Chronic sleep issues	18.8	19.5
5	Self-injury (not suicidal behavior)	3.6	4.9
6	Anxiety	44.1	43.4
7	Abusive relationship	3.2	3.8
8	Alcohol abuse/dependency	2.8	3.5
9	Panic attacks	15.4	18.2
10	Bipolar disorder	2.6	3
11	Other (please specify)	0.4	0
12	I have not experienced any of these	43.3	42
99	I prefer not to respond	1.5	2.4
<b>Have you sought assistance for any of the following...</b>			
<b>Q229</b>	<b>Major depression</b>	<b>n=1313</b>	<b>n=76</b>
1	Yes	50.3	57.9
2	No	48	42.1
99	I prefer not to respond	1.7	0
<b>Q230</b>	<b>Sexual assault</b>	<b>n=109</b>	<b>n=10</b>
1	Yes	30.3	40
2	No	65.1	60
99	I prefer not to respond	4.6	0
<b>Q231</b>	<b>Eating disorder(s)</b>	<b>n=410</b>	<b>n=17</b>
1	Yes	24.9	17.6
2	No	72.4	76.5
99	I prefer not to respond	2.7	5.9
<b>Q232</b>	<b>Chronic sleep issues</b>	<b>n=1335</b>	<b>n=72</b>
1	Yes	31.8	33.3
2	No	67	66.7
99	I prefer not to respond	1.1	0
<b>Q233</b>	<b>Self-injury (not suicidal behavior)</b>	<b>n=259</b>	<b>n=18</b>
1	Yes	39.4	33.3
2	No	59.1	61.1
99	I prefer not to respond	1.5	5.6
<b>Q234</b>	<b>Anxiety</b>	<b>n=3123</b>	<b>n=160</b>
1	Yes	36.9	40.6
2	No	61.4	56.9
99	I prefer not to respond	1.6	2.5
<b>Q235</b>	<b>Abusive relationship</b>	<b>n=228</b>	<b>n=14</b>
1	Yes	35.1	42.9
2	No	62.3	57.1
99	I prefer not to respond	2.6	0
<b>Q236</b>	<b>Alcohol Abuse/dependency</b>	<b>n=200</b>	<b>n=13</b>
1	Yes	21	15.4
2	No	77	84.6

99	I prefer not to respond	2	0
<b>Q237</b>	<b>Panic attacks</b>	<b>n=1095</b>	<b>n=67</b>
1	Yes	42.6	49.3
2	No	55.9	47.8
99	I prefer not to respond	1.6	3
<b>Q238</b>	<b>Bipolar disorder</b>	<b>n=181</b>	<b>n=11</b>
1	Yes	50.8	63.6
2	No	48.1	36.4
99	I prefer not to respond	1.1	0
<b>Q239</b>	<b>Other</b>	<b>n=27</b>	<b>n=0</b>
1	Yes	51.9	.
2	No	44.4	.
99	I prefer not to respond	3.7	.
<b>Since entering college where did you seek assistance for...</b>			
<b>Q240</b>	<b>Major depression</b>	<b>n=660</b>	<b>n=44</b>
1	University Counseling Center	26.5	40.9
2	University Health Center	5	0
3	Religious or Spiritual Advisor	3.2	4.5
4	Hospital Emergency Room	0.5	0
5	Off-campus Medical Doctor	27.3	20.5
6	Off-campus Mental Health Provider	21.7	15.9
7	Other	13.6	18.2
99	I prefer not to respond	2.3	0
<b>Q241</b>	<b>Sexual assault</b>	<b>n=33</b>	<b>n=4</b>
1	University Counseling Center	54.5	75
2	University Health Center	3	0
3	Religious or Spiritual Advisor	6.1	0
4	Hospital Emergency Room	6.1	0
5	Off-campus Medical Doctor	3	0
6	Off-campus Mental Health Provider	9.1	25
7	Other	12.1	0
99	I prefer not to respond	6.1	0
<b>Q242</b>	<b>Eating disorder(s)</b>	<b>n=102</b>	<b>n=3</b>
1	University Counseling Center	15.7	66.7
2	University Health Center	3.9	33.3
3	Religious or Spiritual Advisor	2.9	0
4	Hospital Emergency Room	1	0
5	Off-campus Medical Doctor	17.6	0
6	Off-campus Mental Health Provider	18.6	0
7	Other	32.4	0
99	I prefer not to respond	7.8	0
<b>Q243</b>	<b>Chronic sleep issues</b>	<b>n=425</b>	<b>n=24</b>
1	University Counseling Center	12.9	37.5
2	University Health Center	7.5	0
3	Religious or Spiritual Advisor	1.6	4.2
4	Hospital Emergency Room	0.5	0
5	Off-campus Medical Doctor	48.9	37.5

6	Off-campus Mental Health Provider	14.8	12.5
7	Other	13.2	4.2
99	I prefer not to respond	0.5	0
<b>Q244</b>	<b>Self-injury</b>	<b>n=102</b>	<b>n=6</b>
1	University Counseling Center	32.4	66.7
2	University Health Center	2.9	0
3	Religious or Spiritual Advisor	1	0
4	Hospital Emergency Room	2.9	0
5	Off-campus Medical Doctor	21.6	0
6	Off-campus Mental Health Provider	16.7	16.7
7	Other	17.6	16.7
99	I prefer not to respond	4.9	0
<b>Q245</b>	<b>Anxiety</b>	<b>n=1152</b>	<b>n=65</b>
1	University Counseling Center	22.7	38.5
2	University Health Center	3.8	0
3	Religious or Spiritual Advisor	6.2	7.7
4	Hospital Emergency Room	0.8	0
5	Off-campus Medical Doctor	33	24.6
6	Off-campus Mental Health Provider	16.8	7.7
7	Other	14.8	18.5
99	I prefer not to respond	1.8	3.1
<b>Q246</b>	<b>Abusive relationship</b>	<b>n=80</b>	<b>n=6</b>
1	University Counseling Center	20	33.3
2	University Health Center	0	0
3	Religious or Spiritual Advisor	8.8	16.7
4	Hospital Emergency Room	0	0
5	Off-campus Medical Doctor	5	0
6	Off-campus Mental Health Provider	16.3	16.7
7	Other	47.5	33.3
99	I prefer not to respond	2.5	0
<b>Q247</b>	<b>Alcohol Abuse/dependency</b>	<b>n=42</b>	<b>n=2</b>
1	University Counseling Center	28.6	100
2	University Health Center	4.8	0
3	Religious or Spiritual Advisor	2.4	0
4	Hospital Emergency Room	2.4	0
5	Off-campus Medical Doctor	16.7	0
6	Off-campus Mental Health Provider	16.7	0
7	Other	28.6	0
99	I prefer not to respond	0	0
<b>Q248</b>	<b>Panic attacks</b>	<b>n=466</b>	<b>n=33</b>
1	University Counseling Center	20.8	39.4
2	University Health Center	6.7	0
3	Religious or Spiritual Advisor	1.9	0
4	Hospital Emergency Room	3.2	6.1
5	Off-campus Medical Doctor	33.3	24.2
6	Off-campus Mental Health Provider	20	15.2
7	Other	11.6	9.1

99	I prefer not to respond	2.6	6.1
<b>Q249</b>	<b>Bipolar disorder</b>	<b>n=92</b>	<b>n=7</b>
1	University Counseling Center	17.4	14.3
2	University Health Center	5.4	0
3	Religious or Spiritual Advisor	0	0
4	Hospital Emergency Room	0	0
5	Off-campus Medical Doctor	31.5	14.3
6	Off-campus Mental Health Provider	35.9	71.4
7	Other	9.8	0
99	I prefer not to respond	0	0
<b>Q250</b>	<b>Other</b>	<b>n=14</b>	<b>n=0</b>
1	University Counseling Center	14.3	.
2	University Health Center	0	.
3	Religious or Spiritual Advisor	14.3	.
4	Hospital Emergency Room	14.3	.
5	Off-campus Medical Doctor	35.7	.
6	Off-campus Mental Health Provider	14.3	.
7	Other	7.1	.
99	I prefer not to respond	0	.

**Q\* #REF!**

School Specific Extra Questions

#REF!

#REF!

Truman  
n=480

**School Specific Extra Questions**

**Q268 What is the most effective way to inform you of campus activities?**

1	Truman Master Calender	4.4
2	TruView	12.3
3	Truman sponsored websites	0.5
4	Posters around campus	16.7
5	Email	47
6	Facebook/Twitter/Social Media	14.8
7	Chalking	3.8
8	The index	0.5

**Q269 How often have you seen the following message on campus?**

1	Once	11.5
2	2 to 4 times	21
3	5 to 9 times	9
4	10+ times	10.9
5	I have not seen this message on campus	47.5

**Q270 Check the box next to the statements that you agree with (Check all that apply)**

**n=366**

1	I want a friend to do something when I need help	85
---	--	----

2	I have a responsibility to intervene in a situation where someones health and safety are in jeopardy	86.6
3	I want a friend to do something if they think I am making a poor decision under the influence of alcohol	79.5
4	I want a friend to do something if they think I am making a poor decision under the influence of alcohol, even if I disagree with them	75.1
5	I want a friend to step in and do something when my drinking is putting the health and safety of myself and others in jeopardy	77.6
6	I want another student (bystander) to do something when they think I am making a poor decision under the influence of alcohol	49.7
7	I want another student (bystander) to do something when I need help	62.8
8	I want another student (bystander) to do something when they think I am making a poor decision under the influence of alcohol, even if I disagree with them	45.6
9	None of the above	3.3

**Q271 Are you aware of the wellness.truman.edu site as a resource for health related information**

1	Yes	47.5
2	No	52.5

**Q272 While attending Truman I have made a significant POSITIVE change in the following areas: (Check all that apply)**

1	Eating patterns	36.6
2	Sleeping patterns	20.5
3	Amount of exercise	46.4
4	Type of exercise	31.1
5	Use of alcohol	7.9
6	Use of tobacco	3.6
7	Use of illegal drugs	1.9
8	Use of prescription drugs	1.6
9	Use of OTC drugs	0.8
10	Risk taking behaviors	6.8
11	Social relationships	60.1
12	Religious practices	13.4
13	Other	0.8
99	None of the above	15

**Q273 How much did these changes improve your health and or wellbeing?**

1	Not at all	12
2	Minimally	10.9
3	Neutral	21.9
4	Moderately	37.1
5	Significantly	16.1

**Q274 Which of the following best describe the source of your motivation to make the positive changes?**

1	Lifetime Health and Fitness Class	1.9
2	An experience in a course at Truman	2.2
3	An experience that occurred in an out of class experience at Truman	4.9
4	A family situation	3.8



5	A personal situation	22.1
6	Concern about the consequences of not changing	9.8
7	Feelings of guilt and remorse about my current behavior	5.5
8	Pressure from peers to behave differently	1.4
9	Pressure from important adults in my life to behave differently	0.3
10	Curiosity	1.9
11	Personal values and beliefs	23.8
12	Personal and or professional goals	18.9
13	Other	3.6

**Q275 Which of the following were significant sources of support and or information in your decision to make positive changes (Check all that apply)**

1	Lifetime Health and Fitness Class	10.4
2	Discussions with peers	47.8
3	Discussions with family	34.7
4	Discussions with adult mentors	8.5
5	Personal reflection	74
6	Reading and research	23
7	Other	2.2

**Q276 While attending Truman I have made a significant NEGATIVE change in the following areas:**

1	Eating patterns	33.1
2	Sleeping patterns	48.1
3	Amount of exercise	23
4	Type of exercise	8.5
5	Use of alcohol	24
6	Use of tobacco	7.9
7	Use of illegal drugs	8.5
8	Use of prescription drugs	2.2
9	Use of OTC drugs	0.8
10	Risk taking behaviors	10.1
11	Social relationships	9.6
12	Religious practices	10.7
13	Other	0.8
99	None of the above	26

**Q277 How much did these changes decrease your health and or wellbeing?**

1	Not at all	26.2
2	Minimally	24
3	Neutral	21
4	Moderately	24
5	Significantly	4.6